

*How we reinforce our messages: **2***

*Spotlight on . . . internet safety: **3***

*Essential skills that can save lives: **4***



Marathon marvels

Well done to Val Hall (far right) and Maggie Foan (second right) – both School Liaison Officers at the Safety Centre – and volunteers Jane Fenwick (second left) and Stephanie Scott (far left). They ran in relays to complete this year's inaugural Milton Keynes Marathon despite the horrendous weather! Many thanks to everyone who sponsored them.

Summer tours – great fun and lots to learn!

LOOKING for a summer holiday treat? Then why not get a group together (a minimum of six during the day and 15 during the evening) and book a visit to the Safety Centre?

It's the ideal time for groups such as playschemes and Brownies to pay a visit.

It can even form part of a child's birthday party. Your children and their friends can learn all about keeping themselves safe in a fun two hours going around our mini "real life" town.

Although we can't cater for the food, balloons and games aspect of

a party, we can give youngsters an experience which is not only fun but also very worthwhile.

Bookings can be arranged by telephone (**01908 263009**) or email (**info@safetycentre.co.uk**). The cost is currently £8.70 per child, which includes VAT.

The idea came from a past visitor who came with her school. When later asked by her family what she would like to do on her birthday, she replied: "I'd like to go back to Hazard Alley!"

For a free preview of what to expect, come along to our open day (see details on right).

Open day on 22 July

THIS year's Safety Centre open day takes place on Sunday 22 July from 10am to 4pm.

Have a look around our 12 interactive filmset-style scenarios in perfect safety, and see if you can identify some of the everyday hazards.

Entry is free and a number of attractions and displays are being arranged.

There will also be refreshments and the chance to talk to staff and volunteers about our work.

Meet our two new Trustees

We welcome our two Trustees – Barry Halliday, the new Area Commander for Thames Valley Police in Milton Keynes, and Simon Whitehorn, General Manager, West Coast South, Network Rail.



Barry – Thames Valley Police.

Barry said: "I remember visiting the Safety Centre many years ago as a young beat officer supported by a young team of school children, who not only learnt vital life skills but also enjoyed the experience.

"I am pleased it continues to be an instrumental part in such learning, and I am keen to ensure in my role I fully support its aims."



Simon – Network Rail.

Simon said: "On behalf of Network Rail I am keen to bring my knowledge of the railway environment to the benefit of the Safety Centre.

"I look forward to playing my part in continuing to promote safety awareness amongst the children of the local community and surrounding counties."



Left to right: Steve Bartell, Lynne Emmett and Jane Fenwick.

Thank you – and welcome

THANKS again to the John Lewis Golden Jubilee Trust for seconding another one of their staff.

Steve Bartell has joined us for two days a week for the Summer term. Steve will be trained as a guide and help show children around the Safety Centre, teaching them to keep themselves and others safe.

He said: "It has been a real pleasure and learning curve working with the volunteers at the Safety Centre,

helping children from Year 2 to Year 6 be more aware of the environment around them and their own safety."

We also welcome Lynne Emmett and Jane Fenwick, pictured in their new roles as guides. Lynne said: "Having visited as a teacher, I know how important and stimulating the visits are, so am very happy to be able to contribute as a guide."

Jane said: "I've learnt a lot and the children are generally great fun."



Pictured left to right with their certificates after achieving 100 per cent in their six-month post-visit quiz are Bow Brickhill C of E School pupils Harry Braddish, Bailey Conway and Ciana Russo.

Our 100 percenters

The Safety Centre can offer a series of online quizzes to children which are taken before and after their visit and six months later. The programme measures knowledge gained and also helps to reinforce all the messages they receive on their visit.

Recent results from Fleetville Junior and Mandeville Primary in St Albans, reflected large increases in knowledge gained. Three pupils from Bow Brickhill C of E Primary – Harry Braddish, Bailey Conway and Ciana Russo – achieved 100 per cent in

their six-month post-visit quiz.

Teacher Alison Lowe said: "We are very proud of them all and feel the experiences they have had at the Safety Centre and through the online testing, enhance their knowledge and confidence needed for reducing risks to themselves and others in familiar situations. Thanks to everyone who works hard to deliver the programme."

For more information on taking part in the online quiz, contact Val Hall or Maggie Foan on **01908 263009** or email **info@safetycentre.co.uk**

The Safety Centre promotes strategies to help children deal with bullying, and has a scenario dedicated to chat-room safety.

Spotlight on

WORLD Cup Rugby Star Ben Cohen MBE visited the Safety Centre as part of the launch of the UK branch of his charity, the Ben Cohen StandUp Foundation.

He met children from Eastfield Primary School in Northampton, whose visit was supported by a StandUp grant.

It's the world's first foundation dedicated to raising awareness of the long-term, damaging effects of bullying, and funding those doing real-world work to stand up to it and stop it.

Ben said: "We are very pleased to support an innovative project such as Hazard Alley, at the Safety Centre in Milton Keynes.

"We are particularly passionate about the internet safety element, which helps improve young people's awareness of the dangers of chat-room banter and what constitutes cyber bullying."



The Safety Centre promotes strategies to help children deal with bullying alongside many other safety messages.

The Safety Centre was recently asked to comment by BBC Look East on internet safety following the conviction of a Milton Keynes teenager who used his Facebook profiles to groom young girls.

One of the Safety Centre's scenarios is dedicated to chat-

room safety, and our school liaison staff deliver classroom sessions which cover this and many other aspects including cyber bullying, social networking and gaming.

Sessions for teachers on cyber bullying and sessions for parents on all aspects of keeping your child safe online are also available.

For more information on internet safety sessions, contact Val Hall or Maggie Foan on **01908 263009** or email **info@safetycentre.co.uk**



Ben Cohen is pictured with pupils from Eastfield Primary School in Northampton during his visit to the Safety Centre.



Two screenshots from the internet safety film.

Course dates to the end of 2012

First Aid skills such as CPR (Cardio Pulmonary Resuscitation) can help save the life of a baby, child or adult.



JULY 2012

- 4** Emergency First Aid at Work (*one-day course*)
- 5-6** Paediatric First Aid (*two-day course*)
- 11-12** Requalification (*two-day course*)
- 16-18** First Aid at Work (*three-day course*)

AUGUST 2012

No courses.

SEPTEMBER 2012

- 10** Emergency First Aid at Work
- 13-14** Requalification
- 17-19** First Aid at Work
- 27-28** Paediatric First Aid

OCTOBER 2012

- 5** Emergency First Aid at Work
- 11-12** Requalification
- 22-24** First Aid at Work

NOVEMBER 2012

- 5** Emergency First Aid at Work
- 8-9** Requalification
- 15-16** Paediatric First Aid
- 21-23** First Aid at Work

DECEMBER 2012

- 3** Emergency First Aid at Work
- 6-7** Requalification
- 13, 14 & 17** First Aid at Work

Learn these essential skills and save a life

THE Safety Centre can deliver a variety of First Aid courses ranging from Basic Life Support and AED (Automated External Defibrillator) training to Paediatric First Aid training.

Paediatric First Aid is a 12-hour course spread over two days, and includes treatment of unconscious person, and CPR (Cardio Pulmonary Resuscitation) on adult, child and baby.

It also covers First Aid treatment for:

- Wounds and bleeding.
- Shock and anaphylactic shock.
- Choking.
- Asthma and diabetic emergencies.
- Head injuries.
- Seizures.
- Burns and scalds.
- Sprains, strains and fractures.
- Poisoning, bites and stings.

- Foreign objects.
- Childhood conditions (for example measles, meningitis and croup).

The Safety Centre also delivers Health and Safety Executive-approved First Aid at Work courses.

Dates for the remainder of this year are shown on the left, and they are also available at **www.firstaid.safetycentre.co.uk**

We can cater for all your First Aid training needs – just call **01908 263009** or email **info@safetycentre.co.uk**

Employers should carry out their own risk assessments to establish what level of first aid cover they require.

Guidance is available at **www.hse.gov.uk** and **www.teachernet.gov.uk**



You can read this edition and all the back editions of Newsflash online or download them from the Safety Centre website at www.safetycentre.co.uk Just click on News & Awards and then go to Newsletters.

The Safety Centre, 18 Carters Lane, Kiln Farm, Milton Keynes, MK11 3ES. Registered Charity No 1019093.

T 01908 263009

E info@safetycentre.co.uk

W www.safetycentre.co.uk

■ We strive to be a "Centre of Excellence for Safety Education". We are a registered charity and rely heavily on volunteers



and donations. The Safety Centre is very much a partnership venture which only works because of the invaluable support from the community as well as a team of dedicated staff.

■ Newsflash is produced by the Safety Centre with help from Buckinghamshire Fire & Rescue Service and Thames Valley Police.